

## SECTION 100: GENERAL RULES

### 110 GENERAL

111 As directed by the SCAA bylaws (Section X.2.1), the SCAA Rules of Competition shall govern all competition sponsored by or approved by the league.

### 120 COMPLIANCE WITH USS AND SCS

121 Except as directed within these rules, the SCAA Rules of Competition shall follow and adhere to all rules and guidelines set forth by United States Swimming and Southern California Swimming.

122 In the event of a conflict between the rules of SCS and SCAA, the SCS rule shall take precedent.

### 130 TECHNICAL RULES

The Technical Rules of Competition are those that govern actual competition, including starts, turns, strokes, and other aspects of the events. Other areas that are covered are seeding and procedures for determining order of finish and official time.

131 Except as directed by the SCAA Rules of Competition, all meets shall be run in accordance with the United States Swimming Technical Rules of Competition, to be found in "USS Rules and Regulations," Part 1.

### 140 SEASONS

141 In accordance with the SCAA bylaws (Sections X.1.1-2), there will be both a winter and a summer season, each of which shall include a league championship meet, dual meets, and other approved competition.

142 The last day of each season shall be the final day of the league championships for that season.

143 The next season shall begin on the first day following the final day of the league championships for the previous season.

144 Dates for each season's league championship shall be determined by the board of directors during the prior season.

### 150 CALENDAR

151 When determining the dates of events for SCAA the period from the first day of the winter season until the last day of the summer season inclusively shall be referred to as the "Calendar Year."

## SECTION 200: TEAMS

### 210 MEMBERSHIP

211 All teams that participate in SCAA events must be group members as prescribed by the SCAA bylaws (Sections IV.1.1- 6).

### 220 DIVISIONS

221 For each season, teams shall be placed into divisions using the following procedures.

222 The league will be divided into three divisions, with the third of the teams which scored the highest point totals at the league championship for that season during the preceding year being Division I, the third of the teams with the next highest point totals being Division II, and the remaining teams being Division III.

223 In the event that one or more divisions must have an unequal number the lower divisions shall be smaller.

223.1 Teams that have not participated in the corresponding league championship shall not be considered when applying this rule.

224 Teams that did not participate in the corresponding league championship shall not be placed into a division until the league championships and the following criteria shall be used.

224.1 If a team participated in the previous season's league championship, it will be placed into the same division in which it participated for that season.

224.2 If a team has not participated in a league championship within the previous year, it will be placed into the lowest division where its total number of registered athletes does not exceed the highest total number of registered athletes for any of the other teams that were placed in that division at the beginning of the season.

### 230 REGISTRATION OF SWIMMERS

231 Teams are responsible for submitting to the league appropriate meet results and any other documentation required for the registration of their members.

232 Teams are responsible for all registration fees for their members.

## SECTION 300: ATHLETES

### 310 ELIGIBILITY

311 SCAA Competition is open to all individual swimmers who meet the criteria set forth by the SCAA Rules of Competition.

312 Swimmers must be age 18 or younger.

312.1 A swimmer's age is to be determined by their age on the first day of the competition in question.

313 Swimmers must be bona fide members of a team belonging to SCAA.

314 Swimmers must be registered with United States Swimming in accordance with the guidelines set forth by Southern California Swimming.

315 Swimmers must be registered with SCAA.

## 320 REGISTRATION

321 A swimmer becomes a registered member of SCAA at the time of his or her first SCAA-approved competition within the season.

321.1 Verification with SCAA of the swimmer's participation shall be the responsibility of the team to which the swimmer belongs.

322 Each swimmer will be registered with the team to which he or she belongs at the time of competition.

323 Swimmers are able to register with only one team each season.

## 330 TEAM REPRESENTATION

331 After registering with the league, a swimmer may not represent any other team, either within or outside the league, than the one he or she is registered with during the season and still be eligible for league competition.

331.9 Exceptions to rule 331

331.91 Swimmers may represent collegiate or high school teams in closed interscholastic competition, without penalty.

## 340 UNATTACHED SWIMMERS

341 An unattached swimmer is a member of an SCAA team who participates in competition without representing any team.

342 As required by SCAA, USS, or CIF, a swimmer who is otherwise qualified may participate in league competition as unattached.

343 All unattached swimmers shall be clearly indicated as unattached on the meet results.

344 Unattached swimmers will not score points for their teams.

345 Unattached swimmers may not participate in relays.

346 Teams are accountable for all fees incurred by their members who participate as unattached.

## SECTION 400: COMPETITION

### 410 TYPES OF COMPETITION

#### 411 SCAA Competition

411.1 SCAA competitions are those meets that are sponsored by the league.

411.2 SCAA competition shall include approved dual meets, SCAA league championships, and other league-sponsored meets.

#### 412 Approved Competition

412.1 Approved competition is any meet that swimmers may use to qualify for the league championships.

412.2 Approved competition shall consist of approved dual meets, approved invitationals, and league-sponsored meets designated as approved, which are run in accordance with the SCAA Rules of Competition.

### 420 DUAL MEETS

421 Any meet that is scheduled between two or more member teams of SCAA and adheres to the SCAA rules of competition for dual meets shall be considered an approved dual meet.

422 Only SCAA member teams and their individual members may participate in approved dual meets.

#### 423 Required Participation

423.1 A team must have at least 35% of their individual members participate in an individual event in order for a dual meet to count for that team as an approved meet for qualification for the league championships.

423.2 For rule 423 the number of individual members a team has shall be calculated using all those swimmers who have registered with the league for that season up to and including the meet in question.

#### 424 Dual Meet Results.

424.1 Dual meet results must be properly recorded using Team Manager Software.

424.2 Dual meet results must be properly filed with the league Records Chair by emailing meet results and mailing a hard copy within two weeks of the meet.

#### 425 Dual Meet Events.

425.1 The recommended order of events for dual meets is as follows:

1. 200 Freestyle
2. Backstroke
3. Medley Relay
4. Breaststroke
5. 50 or 100 Freestyle
6. Butterfly
7. Individual Medley
8. 25 or 50 Freestyle
9. Freestyle Relay

425.2 Events offered are recommended for the following age groups:

- 6 & under
- 7 - 8
- 9 - 10
- 11 - 12
- 13 - 14
- 15 & up

425.3 The standard events recommended for each age group are as follows:

- |           |                     |
|-----------|---------------------|
| 6 & Under | 25 freestyle        |
|           | 50 freestyle        |
|           | 25 backstroke       |
|           | 25 breaststroke     |
|           | 25 butterfly        |
|           | 100 medley relay    |
|           | 100 freestyle relay |

7 – 8	<ul style="list-style-type: none"> <li>25 freestyle</li> <li>50 freestyle</li> <li>25 backstroke</li> <li>25 breaststroke</li> <li>25 butterfly</li> <li>100 individual medley</li> <li>100 medley relay</li> <li>100 freestyle relay</li> </ul>
9 – 10	<ul style="list-style-type: none"> <li>50 freestyle</li> <li>100 freestyle</li> <li>50 backstroke</li> <li>50 breaststroke</li> <li>50 butterfly</li> <li>100 individual medley</li> <li>200 medley relay</li> <li>200 freestyle relay</li> </ul>
11 – 12	<ul style="list-style-type: none"> <li>50 freestyle</li> <li>100 freestyle</li> <li>200 freestyle</li> <li>50 backstroke</li> <li>50 breaststroke</li> <li>50 butterfly</li> <li>100 individual medley</li> <li>200 medley relay</li> <li>200 freestyle relay</li> </ul>
13 – 14	<ul style="list-style-type: none"> <li>50 freestyle</li> <li>100 freestyle 200 freestyle</li> <li>100 backstroke</li> <li>100 breaststroke</li> <li>100 butterfly</li> <li>200 individual medley</li> <li>200 medley relay</li> <li>200 freestyle relay</li> </ul>
15 – 18	<ul style="list-style-type: none"> <li>50 freestyle</li> <li>100 freestyle</li> <li>200 freestyle</li> <li>100 backstroke</li> <li>100 breaststroke</li> <li>100 butterfly</li> <li>100 individual medley</li> <li>200 medley relay</li> </ul>

## 200 freestyle relay

425.4 Each event shall be offered for both boys and girls

425.6 Events shall be run with the younger age groups participating in that event preceding the older.

425.7 The girls event shall be run before the corresponding boys event.

425.9 Exceptions to rule 425.

425.91 Relays for the 6 & under age group shall be "mixed" boys and girls, with no restrictions as to the number of either gender required.

425.92 The 7 - 8 individual medley shall be open to any swimmer age 8 or younger.

425.93 Any changes in the recommended events may be made with prior consent of all competing teams. Any such changes must be recorded on the meet result form.

## 426 Participation in Events.

426.1 Each individual swimmer shall be able to participate in no more than three individual events, and two relay events.

426.2 Swimmers may participate in any event for which they meet the gender and age group criteria.

426.3 Swimmers may participate in more than one age group during the meet.

426.4 Relay swimmers shall be able to compete in the next higher age group provided that there are at least two swimmers from the proper age group on the relay.

426.5 Swimmers may not participate on more than one medley relay team, nor may they participate on more than one freestyle relay team.

## 427 Awards.

427.1 The league shall provide awards for first, second, and third place for individual events and for each swimmer for first place in relay events.

427.2 It shall be the host team's responsibility to supply the awards for a dual meet.

427.3 Teams may provide additional awards for their swimmers if they wish.

## 428 Scoring.

428.1 Scoring for dual meets shall be as follows:

Individual Events

First place 5 points

Second place 3 points

Third place 1 point

Relay Events

First place 7 points

#### 430 SCHEDULING AND STAFFING DUAL MEETS

431 Except where noted in these rules there shall be no restrictions as to the number of dual meets a team may have or the number of times teams may swim against each other during a season.

#### 432 Meet Referee

432.1 The host team shall be responsible for providing an individual to serve as the meet referee.

432.2 The meet referee may also serve as the starter and stroke and turn judge for the meet.

432.3 The meet referee shall supervise all of the competition and shall be responsible for all disqualifications and for resolving discrepancies regarding recorded times.

432.4 The meet referee should be an impartial individual with adequate knowledge of all rules and procedures pertaining to the competition.

432.5 The meet referee shall be approved by all participating teams prior to the meet.

#### 433 Meet Manager

434.1 The host team shall provide a qualified individual to serve as the meet manager.

434.2 The meet manager shall supervise all administrative aspects of the meet.

#### 434 Timers

435.1 Each team participating in the meet shall be responsible for providing timers.

435.2 The host team should notify the visiting team(s) prior to the meet as to the number of timers needed and whether teams need to supply their own watches.

#### 435 Other Personnel

436.1 Each team is responsible to provide sufficient personal to meet their team's administrative responsibilities.

#### 440 APPROVED INVITATIONALS

441 An approved invitational is any meet sponsored by a group member which meets the SCAA rules of competition guidelines for an approved invitational.

442 Group members may sponsor only one invitational each calendar year.

443 A group member may sponsor an invitational which is hosted by another group member with their consent.

444 Approved invitationals must be cleared with the SCAA prior to the season in which they will take place.

445 Any required application must be completed and fees paid prior to receiving approval.

446 SCAA approved invitationals shall be clearly marked as such on the entry form.

447 An approved invitational must be open to all members of SCAA.

448 Any member of SCAA who submits an entry for an approved invitational prior to the entry deadline may not be rejected from the meet.

449 A complete record of the meet results, with individual swimmers sorted by team, must be submitted to the league records chair.

#### 450 LEAGUE CHAMPIONSHIPS

##### 451 Meet Format

451.1 The SCAA league championships shall be a United States Swimming sanctioned event.

451.2 The league championships may be a two-day competition.

451.3 To permit all age groups an opportunity to participate in league championships, the participation of all age groups 10 and younger shall alternate days or sessions with all age groups 11 and older, as described herein. In odd-numbered calendar years, winter season championships will consist of all age groups 10 and younger participating on the first day, or session and all age groups 11 and older participating on the second day or session; summer season championships will reverse this order, with all age groups 11 and older participating on the first day or session, and all age groups 10 and younger participating on the second day or

session. In even-numbered calendar year the opposite schedule will be adopted. Following is the age group schedule through the year 2009.

Year	Winter		Summer	
	Session/Day 1	Session/Day 2	Session/Day 1	Session/Day 2
2004	11 and over	10 and under	10 and under	11 and over
2005	10 and under	11 and over	11 and over	10 and under
2006	11 and over	10 and under	10 and under	11 and over
2007	10 and under	11 and over	11 and over	10 and under
2008	11 and over	10 and under	10 and under	11 and over
2009	10 and under	11 and over	11 and over	10 and under

451.4 The events offered and the order of events shall follow the recommended guidelines outlined in Sections 425.1-425.91.

## 452 Entries

### 452.1 Entry deadline

452.11 All entries must be received by the entry deadline.

452.12 The entry deadline shall be determined by the board of directors

452.13 The entry deadline shall be no earlier than 21 days prior to the first day of competition.

### 452.2 Entry forms

452.21 Entries for the league championship shall be submitted by teams via Team Manager Software, emailed to the Records Chair.

452.22 Swimmers who appear on the entry form who are not qualified will not be permitted to swim the meet.

452.23 Each individual swimmer's first and last name, age, and SCS number must be provided with the entries.

### 452.3 Submitted times.

452.31 A time must be submitted for each event that a swimmer is entered into.

452.32 Submitted times must be the best recorded time for the particular event which the swimmer is entered into.

452.33 Submitted times may be achieved in either SCAA or USS approved

competition.

452.34 If a swimmer does not have a recorded time for an event an estimated time will be permitted.

452.35 Rationale for estimated times should be reasonable and verifiable.

452.4 Unattached swimmers.

452.41 Swimmers who are required to participate as unattached shall be clearly indicated on the entry form by writing "UN" next to their names.

452.5 Entry limits

452.51 Each swimmer shall be permitted to enter no more than three individual events.

452.52 Each team shall be permitted to enter no more than one relay team for each relay event.

453 Qualifications

453.1 Only swimmers who have met the qualification guidelines are permitted to participate in league championships.

453.2 Swimmers must compete in a minimum of five individual events from at least two SCAA-approved meets during the season.

453.3 No more than three events from a single meet may be used for the purpose of qualifying for the league championships.

453.4 All meets used for qualification must have been completed prior to the entry deadline.

454 Divisions

454.11 Swimmers will be placed into one of three divisions; to be designated as "B" for Blue, "R" for Red, and "W" for White for each of their individual events based upon their entered time for that event.

454.12 A swimmer may not place or score points in any other division than the one they are in.

454.2 Assigning swimmers to divisions

454.21 If there are 18 or more swimmers entered into an event then the event shall be divided into thirds, with the third having the fastest times as Division B, the next fastest as Division R, and the final third as the Division W.

454.22 If there is an odd number of swimmers then no division shall be larger than any which is faster than it.

454.23 If there are fewer than 18 swimmers entered into an event then the fastest six swimmers would be placed into the Division B, the next six fastest would be Division R, and the remaining swimmers would be Division W.

454.3 All relays shall compete in Division "B" for Blue

454.4 Team divisions

54.41 Teams shall compete for overall score in their divisions based on the SCAA Rules of Competition (Section 220).

#### 455 Scoring

455.1 Individual events shall be scored as follows:

Place	Div. B	Div. R	Div. W
First place	21	14	7
Second place	19	12	5
Third place	18	11	4
Fourth place	17	10	3
Fifth place	16	9	2
Sixth place	15	8	1

455.2 Relay events shall receive double the amount of points awarded for individual event.

#### 456 Awards

456.1 Awards shall be given in each individual event for first through sixth place, for each division.

456.2 Awards shall be given in each relay event to all members of the relays finishing first through third.

456.3 All awards shall be determined by the SCAA board of directors

#### 457 Responsibilities of Participating Teams

457.1 The league may assign responsibilities to each team in order to ensure a well-run meet.

457.2 The number of swimmers each team has entered should be considered when making these assignments.

457.3 Failure to perform the assigned responsibilities by a team may result in the disqualification of its members from the meet.

#### 460 LEAGUE-SPONSORED MEETS

461 If approved by the board of directors the league may sponsor additional meets during a season.

462 League sponsored meets shall be open to all members of SCAA.

463 League sponsored meets may be designated as approved for qualification for league championships.

464 Except for the league championships, no league-sponsored meet shall be team scored or designated as a championship meet.

#### 465 SCAA DISTANCE MEET

##### 465.1 Meet Format

465.11 The SCAA distance meet shall be a United States Swimming sanctioned event.

465.12 The events offered and the order of events shall be as follows:

Girl's events	Stroke	Boy's events
1	10 & Under 200 mixed medley relay	1
2	11-12 400 mixed medley relay	2
3	13-14 400 mixed medley relay	3
4	15-18 400 mixed medley relay	4
5	10 & Under 200 freestyle	6
7	11-12 500 freestyle	8
9	13-14 500 freestyle	10
11	15-18 500 freestyle	12
13	10 & Under 100 backstroke	14
15	11-12 100 backstroke	16
17	13-14 200 backstroke	18
19	15-18 200 backstroke	20
21	10 & Under 100 breaststroke	22
23	11-12 100 breaststroke	24
25	13-14 200 breaststroke	26
27	15-18 200 breaststroke	28
29	10 & Under 100 butterfly	30
31	11-12 100 butterfly	32
33	13-14 200 butterfly	34
35	15-18 200 butterfly	36

37	10 & Under 200 individual medley	38
39	11-12 200 individual medley	40
41	13-14 400 individual medley	42
43	15-18 400 individual medley	44
45	10 & Under 200 mixed freestyle relay	45
46	11-12 400 mixed freestyle relay	46
47	13-14 400 mixed freestyle relay	47
48	15-18 400 mixed freestyle relay	48

## 465.2 Entries

### 465.21 Entry deadline

465.211 All entries must be received by the entry deadline.

465.212 The entry deadline shall be determined by the board of directors.

465.213 The entry deadline shall be no earlier than 21 days prior to the first day of competition.

## SECTION 500: ADMINISTRATIVE PROCEDURES

### 510 APPROVED MEET RESULTS

511 Swimmers who participate in SCAA-approved invitationals will not automatically be registered with the league.

### 512 Submission of Results.

512.1 Teams that wish to receive credit for their swimmers participating in an approved invitational will have to submit the results to the Records Chair.

512.2 Teams are not required to submit the names of all of their swimmers who participate in the meet.

512.3 The results shall require the following information; name of team submitting the results; date of meet, meet host, location of meet, and the following information on every swimmer being submitted; first and last name, date of birth, age on day of meet, individual events participated in including the event number, and the official result of each of those events.

513 Incorrectly filled out or illegible results may be rejected.

### 514 Late Results

514.1 All meet results must be received by the league records chairperson within the two weeks immediately following the meet or by the entry deadline for the league championships, whichever occurs first.

514.2 Late meet results may be rejected

514.3 A \$25 fine will be charged for all accepted late meet results.

## 520 DUAL MEET RESULTS

### 521 Result Forms

521.1 Each team must submit the results of its meets using Team Manager Software.

521.2 The results shall require the following information; date of meet, location of meet, names of participating teams, and the following information on every swimmer who participated; first and last name, date of birth, age on day of meet, individual events participated in, and the official result of each of those events.

522 Incorrectly submitted, or illegible results may be rejected.

523 Results must include all members who participated for the team, including unattached swimmers.

### 524 Late Results

524.1 All meet results must be received by the league records chairperson within the two weeks immediately following the meet or by the entry deadline for the league championships, whichever occurs first.

524.2 Late meet results may be rejected

524.3 A \$25 fine will be charged for all accepted late meet results.

## 530 REGISTRATION FEES

531 League registration fees are \$16.00 per swimmer for the season

### 532 Payment of Fees

532.1 All league fees must be paid prior to participation at the league championships.

532.2 Members of teams who are delinquent in their fees shall not be allowed to participate.

532.3 All league registration fees are due to the league treasurer at the next regularly scheduled league meeting, or within two weeks following the meet for which they apply, whichever occurs last.

532.4 A \$25 fine will be charged for all late payments of registration fees.

533 League fees shall be paid by a single check made payable to "SCAA"

## SECTION 600: REVIEW

### 610 AUTHORITY

611 As provided by the SCAA bylaws (Sections V.2.1-3), the board of directors shall have the authority to enact any measure they deem necessary to ensure fair competition as directed by the SCAA Rules of Competition.

612 This authority shall include but not be limited to the disqualification, assessment of fines, sanctions, or expulsion, of any team, group, or individual member.

### 620 VIOLATIONS

621 The violation of any rule with a prescribed penalty shall enact that penalty from the time of the violation.

#### 622 Illegal Participation.

622.1 Participation of athletes in competition or events in violation of the rules shall not be permitted to be counted by any team or individual.

622.2 Any fees or moneys paid or due as a result of illegal participation shall be forfeited to the league.

### 630 PROTESTS

631 Any individual member as prescribed by the SCAA bylaws may file a protest against any other team or individual with in the league whom they feel has violated the SCAA Rules of Competition.

#### 632 Submission of Protest

632.1 All protests must be submitted in writing and should include: the name and team of the person(s) submitting the protest; the name and team of the person(s) who committed the violation; the time, date, and location of the violation; a description of the violation, including how it was committed; and a desired recourse.

632.2 A copy of the protest must be submitted to the chair of the rules committee, and to the league president.

#### 633 Presentation of Protest

633.1 At the next meeting of the SCAA board of directors, following the receiving of the protest it will be presented by the chair of the rules committee, at which time they may open it for discussion or recommend one of the following courses of action:

633.11 Dismissal. No action is taken and the party submitting the protest is notified.

633.12 Table. No further action is taken and the protest is again presented at the time specified.

633.13 Redirect. The matter is referred to another body who may have jurisdiction, the party submitting the protest is notified, no other action is taken.

633.14 Submit to committee. A special committee is appointed by the league president to be headed by the rules committee chair, this committee shall decide which course of action is to be followed and notify the league.

633.15 Warning. The parties committing the violation are notified that they have done so, no other action is taken.

633.16 Probation. The parties committing the violation are placed on probation, they are notified as to the conditions, duration, and penalties for violation of the probation.

633.17 Penalty. Specific penalties shall be enacted against the parties committing the violation, under the direction of the league president.

633.2 If a course of action is recommended discussion shall be limited to that course of action.

633.3 If no course of action is recommended then the protest is open for discussion.

633.4 If the recommended course of action is not approved then the protest becomes open for discussion.

633.5 If a protest is open for discussion then anyone may make a motion requesting one of the prescribed courses of action.

633.6 Only the courses of action prescribed in this rule may be used to handle a protest.

#### 634 Approval of a course of action

634.1 A course of action in response to a protest, either recommended by the chair of the rules committee or by a motion, must be approved by a vote of the SCAA board of directors.

634.2 A vote of two-thirds of the board of directors in attendance, is required for approval of all courses of action except to table.

634.3 A protest may be tabled by the approval of a simple majority of the board of directors.

#### 635 Appeal

635.1 The decided course of action for any protest may be appealed to the SCAA board of directors.

635.2 The first appeal in response to a protest shall be handled as a protest and the procedures outlined in Sections 631-635 shall be followed.

635.3 Any additional appeals may be requested from the SCAA board of directors

#### 640 EXEMPTIONS

641 Any individual member of SCAA may request an exemption from any of the SCAA Rules of Competition.

642 A request for exemption may be granted by a two-thirds vote of the SCAA board of directors.

#### SECTION 900: RULE CHANGES

##### 910 RULE CHANGES

911 As directed by the SCAA bylaws (Section X.2.2), these rules may be changed by a vote of a simple majority of the voting members of the board of directors.

912 No rule shall be permitted to be added, nor any of the existing rules changed or amended, in such a way that they would be in conflict with any of the other existing rules.

##### 920 IMPLEMENTATION

921 Any changes in the SCAA Rules of Competition shall not become effective until the season following the one with in which these changes are approved.